

3 STRAND BRAIDED CHALLAH

3 strand braids are the easiest to master...it's just like braiding hair



The simplest braid, you just alternate having the outside legs
"jump over" the middle one

- Weigh the dough and portion out 3 equal pieces. Shape each piece into a long rope. Lay all the ropes side by side on a lightly floured surface and pinch them together at the top.
- Take the right strand and have it jump over the middle strand...it's now the middle strand
- Take the left strand and have it jump over the middle strand...it's now the middle strand
- Continue the pattern, alternating between the right and left strands, until all the strands are braided.
- Tuck the ends of the loaf underneath on both ends to give a neat finish. Adjust the braid ends and sides with your hands to make everything even.

4 STRAND BRAIDED CHALLAH

A little trickier than the 3 strand braid, the 4 strand braided challah takes some practice



- Weigh the dough and portion out 4 equal pieces. Shape each piece into a long rope. Lay all the ropes side by side on a lightly floured surface and pinch them together at the top.
- Take topmost right strand and place on opposite side.
- Take 2nd from top left strand and place on opposite side.
- Take topmost left strand and place in middle.
- Take 2nd from top right strand and place on opposite side.
- Take topmost right strand and place in middle.
- Take 2nd from top left strand and place on opposite side.
- Take topmost left strand and place in middle.
- Continue pattern until all strands are braided.
- Tuck the ends of the loaf underneath on both ends to give a neat finish. Adjust the braid ends and sides with your hands to make everything even.

EASY 6 STRAND BRAIDED CHALLAH

This method for braiding has an easy to remember pattern, and the challah it produces is lovely!



This 6-strand braid is actually quite easy...take the right leg over 2, under the next 1, then over the last 2...and repeat!

- Weigh the dough and portion out 6 equal pieces. Shape each piece into a long rope. Lay all the ropes side by side on a lightly floured surface and pinch them together at the top.
- Take rightmost strand and jump it over the next 2 strands, under the 3rd strand, and over the next 2 strands.
- Repeat with the new rightmost strand and continue the pattern until the end of the strands. Pinch the leftover ends together and tuck under the loaf.
- To even out the loaf you can turn braid around, undo the very top, and redo the pattern. Tuck those ends under for a neat finish.